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Advancing Innovation Through Music

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Max Impact
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On Youtube The USAFB and

On Twitter
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@AirmenofNote

## **News, Feature Stories, & Commentary**

## **Summer Concert Series Coming Your Way**

by TSgts Mandi Harper and Kaitlin Taylor

5/1/2016 - **Washington, D.C.** -- Throughout the months of June, July and August, the United States Air Force Band's various performing ensembles present free, outdoor concerts at historic venues around our nation's capital.

Read more »



### **Finding Inner Peace Between Beats**

by MSgt Eric Sullivan and TSgt Sandy Sisk

5/1/2016 - **Washington, D.C.** -- "Yoga is the practice of quieting the mind." -Patanjali

Most people, when they hear the word "yoga" do not think of the United States Air Force, working musicians, office space or any combination of the three. But for Concert Band bassoonist Technical Sergeant Sandy Sisk, combining all of these things has become a part of her daily life. In a few short years Sisk has gone from yoga enthusiast to licensed instructor and now shares her passion for the activity with her colleagues and her community. She leads weekly sessions for her co-workers in the Band facility and teaches at a local dance studio as well. I recently spoke with her about her ongoing journey.

Read more »



### A Max Impact in Southeast Asia

by TSgt Kevin Cerovich

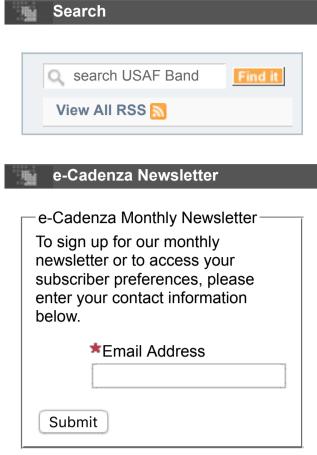
5/1/2016 - Washington, D.C. -- Max Impact, the premier rock band of the United States Air Force, is currently preparing for their upcoming deployment. These seven airmen from The United States Air Force Band will deploy later this summer to Al Udeid Air Base, Qatar, as part of Air Force Central Command's Public Affairs mission. From there, they will travel all over southwest Asia supporting US and coalition forces as well as

building diplomatic partnerships with various host nations.

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## **Inside The USAF Band**



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Do you have a question, comment or suggestion? We want to hear from you! Please visit our <u>Contact Us</u> page and a United States Air Force Band staff member will respond to your comments as soon as possible.

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